

Medications to stop prior to allergy skin testing

Class of medication	Examples	Number of days needed to stop prior to testing
CERTAIN OVER THE COUNTER MEDS	SLEEP AIDS COLD/SINUS PREPARATIONS	
1 st generation antihistamines	Diphenhydramine (Benadryl) Chlorpheniramine Doxylamine Dymenhydrinate (Dramamine) Meclizine (Antivert)	5
2 nd generation antihistamines	Loratidine (Claritin) Cetirizine (Zyrtec) Fexofenadine (Allegra) Levocetirizine (Xyzal)	7
Nasal antihistamines	Azelastine (Astelin) Olopatadine (Patanase)	1
Antihistamine eye drops	Olopatadine (Pataday, Pazeo)	1
H2 blocker	Ranitidine (Zantac) Famotidine (Pepsid) Cimetidine (Tagamet)	1
Corticosteroids (skin cream or oral)	Hydrocortisone (talk to doctor) Betamethasone	2
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Medications to tell physician they are taking prior to testing or treatment Do NOT stop without asking physician

β-Blockers	Atenolol (Tenormin) Metoprolol (Toprol) Propranolol (Inderol) Carvedilol (Coreg)	
Tricyclic antidepressants	Labetalol Amitriptyline Nortriptyline	14