

Sleep Disorders Center of Santa Maria

OUT OF CENTER SLEEP STUDY (OCST) INFORMED CONSENT

Please read the following information to familiarize yourself with the type of test you will be having as a patient of Sleep Disorders Center of Santa Maria.

The OCST is performed with a small, battery operated portable monitor that will collect data including breathing effort, air flow, pulse, and blood oxygen levels. The sensors are comfortable and easy to apply and remove.

You will be given written, as well as, personal easy to follow instructions regarding use and care of the portable monitor.

If you have questions or concerns regarding this testing and/or function of the portable monitor, the technologist providing instructions will be happy to address those questions.

Please continue to take any usual night-time medications, unless otherwise advised by your physician.

Please be advised: You are responsible for the portable monitor once it leaves the sleep center. By accepting this equipment you agree to return it promptly and in good working order the following business day, unless instructed otherwise by Sleep Disorder Center of Santa Maria staff. Your prompt return of the monitor will enable us to furnish your physician with quick and accurate results.

If equipment is lost or returned significantly damaged, you will be responsible for repair or replacement costs up to \$2,500.00

I have read and understand the above.

Patient Signature: _____ Date: _____